



Transforming the health of New Hampshire, one person at a time.

Presentation for the Governor and Executive Council Special Meeting Related to Managed Care Contracts

Monday, March 11, 2019

## NH Healthy Families Current Snapshot



NH Healthy Families launched with the Medicaid Care Management

(MCM) Program in 2013 and serves members in the State Medicaid program and NH Health Insurance Marketplace. Providing access to critical health care services statewide in all counties

Our network of

9,564 contracted
providers includes
all of NH's hospitals,
Federally Qualified
Health Centers
(FQHC) and
Community Mental
Health Centers
(CMHC)

233

Employees located at our offices in Bedford, NH



Number of local charitable and civic organizations and initiatives we support each year.

Membership **93,000** 





82,000

11,000

(As of 2/19)

## Member Benefits





## **Integrated Care** Management **Program**

Local medical and behavioral health care managers working together for you



#### **Member Services**

For help with understanding benefits, finding a provider, local resources, plan an appointment and find transportation for you



#### **Health Coaches**

For help with chronic ongoing conditions like asthma, diabetes and more



### **24/7 Nurse Advice Line**

An extension of our team who will answer questions or give you advice when you aren't sure what to do



Rides available or mileage reimbursed for covered care and services



Screenings, vaccinations, check-ups, wellchild visits



## Health Value-Adds





### CentAccount® Program

Earn money for doing healthy behaviors. You choose how to spend your rewards



#### **MemberConnections®**

At-home outreach to help you with your medical and social service needs



## Start Smart for Your Baby®

Pregnancy program for education, support, and help. Receive a new diaper bag upon completion of Notification of Pregnancy assessment



## Expanded Transportation

We'll take you to social services appointments like Alcoholics Anonymous and Narcotics Anonymous meetings



### Tobacco Cessation Program

Help to quit using tobacco, earn rewards

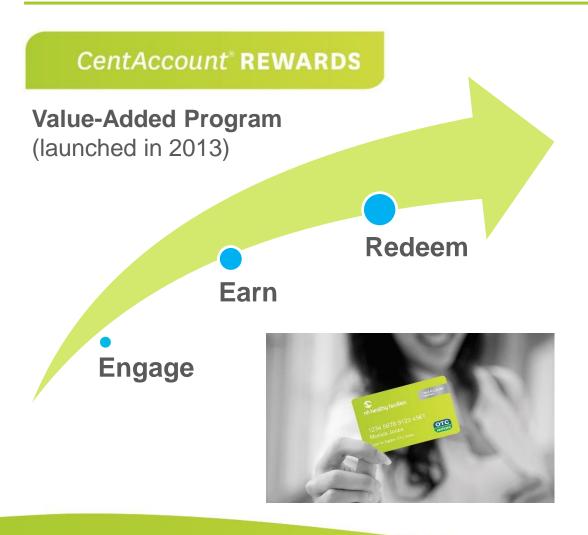


#### Connections PLUS®

No cost cell phones for those who need them

## Innovation - CentAccount®





Engagement Activities are focused on Prevention, Early Identification, and Improving Overall Health Outcomes

Top 5 Health Related Earned Activities in 2018:

- Annual Infant/Child Well Visit
- Flu Shot
- Health Risk Screening
- Annual Adult Well Visit
- Breast Cancer/Prostate Cancer Screening

**Engage**– Over 70% of our Members earned an Award in CY2018

**Earn** - Over \$1.6M in Member CentAccount Rewards Earned in CY2018

**Redeem** - Top Retailers for Reward Redemption: Walmart, Rite Aid, Family Dollar, CVS, Dollar General

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# nh healthy families.

## Focus on Social Determinants of Health

Our Gateway Services program identifies gaps in social services and offers additional supports to members and communities with the goal of Whole Person Health.



Cooking
Matters
Six-week meal
preparation and

preparation and nutrition program for Diabetes management



Vision Van

Mobile vision screenings and reading glasses for communities



**Recovery Supports** 

Scholarship, education, and direct supports for Substance Use Disorder prevention, intervention and recovery



**Self-Care Kits** 

Essential hygiene items in a convenient carrying case for members



### No One Eats Alone™

Student-led initiative to increase awareness and address social isolation in schools

# Comfort-To-Go Durable duffle bags with personal items for youth transitioning to

Foster Care

**Foster Care** 

## NHHF Coordinated Care Model





**NHHF Integrated Service Coordination Model** 

NHHF Tools and Resources

- NHHF Care Management Team
- Training
- Workforce development
- Local Community Service Coordination
- Community Connector Tool
- Employment supports

- Value-based contracting and Alternative Payment Model (APM)
- Evidence-based BH Integration Models
- Practice transformation/technical assistance
- Data and analytics
- Technology solutions to support Health Information Exchange

Nearly 50% of NHHFs Employees work directly to support our Care Coordination Model

### **OUR MODEL:**

- Integrated (Medical/Behavioral Health)
- Person-Centered
- Local and Experienced-Based
- Data-Driven
- Evidenced-Based
- Collaborative
- Reflects National Best Practices

## NHHF Substance Use Disorder (SUD) Programming



## Stepping up to Combat the Opioid Epidemic in NH



Internal
Operations &
Education

- Dedicated Department Ownership & Resources
- Workplace Wellness Initiative including Overdose Prevention & Naloxone Education
- Process Optimization, Operational Oversight & Engagement



Provider Supports & Engagement

- Network Management & Capacity
- New/Non-Traditional Provider Partners
- Dedicated Servicing Model
- Provider Education & Training (SBIRT: Screening, Brief Intervention, and Referral to Treatment)



Community Based Engagement

- Integration of State & Community Partners
- Safe Station/Doorway Collaboration
- Engagement in Councils& Task Force Forums
- Appointed Membership on NHID MH & SUD Advisory Committee
- Access Newsletter



Innovative Solutions

- 20+ Programs focused on Prevention, Intervention & Treatment, and Recovery Support
- CRSW Workforce Development Program

## CRSW Workforce Development Program – Launched in 2018



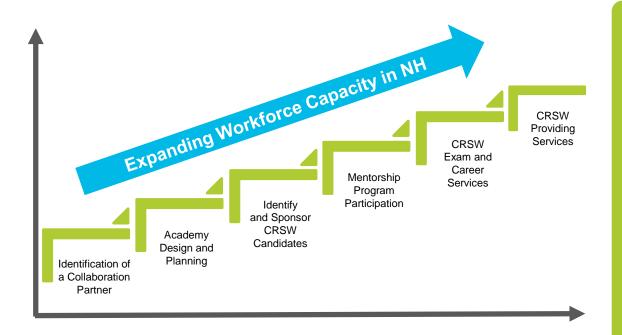
#### **GOAL:**

Increase the number of CRSWs in the State of New Hampshire to allow for increased service capacity

#### **PROGRAM:**

CRSW Workforce Development Program was designed to identify, promote, train, mentor, and support qualified CRSW candidates to obtain their Certification





### **Results to Date**

- Partnered with 5 CRSW Academies Statewide
- Sponsored 77 CRSW Candidates
- Enrolled 57 CRSW Candidates in Mentorship services

## **Candidate Updates**

- 2 Candidates received certification in February
- 17 Candidates are working towards submitting for certification by April, 2019
- 10 Candidates are working towards certification for June of 2019

## Commitment to Community



NH Healthy Families and our employees support over 100 local charitable and civic organizations and initiatives each year.











**New Hampshire** 







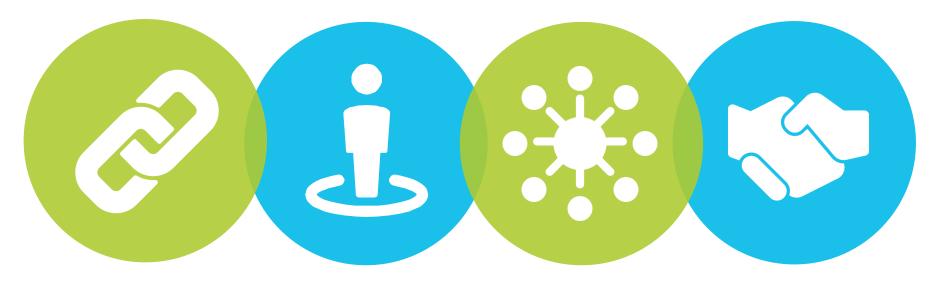








## Our Path Forward in New Hampshire



Expand our Local Integrated Care Coordination & Management Programs

Enhance our
Member, Provider
& Community
Engagement
Partnerships

Build upon and develop Innovative Community Based Solutions

Ensure Program Partnership & Accountability